

Freshness packed, health delivered!

Subscribe To
Veg Salads | Non-Veg Salads | Soups



www.saladtub.co.in



Our Story

**Health is not just a choice,
it's a *Lifestyle!***

Salad Tub is here to redefine healthy eating with a fresh twist! What started as a simple idea to bring wholesome, delicious meals to busy lives has grown into a movement celebrating wellness and sustainability. Every salad and soup we create is thoughtfully crafted to energize your day while caring for the planet. With every bite, we're not just serving meals—we're delivering a promise of freshness, vitality, and a healthier tomorrow. Welcome to a journey where nutrition meets innovation, one bowl at a time!

With love, we create salads that are

- Effortless
- Flavourful
- Enjoyable

70+

Unique Salads

25+

Locations Covered

50K+

Salads Served

Know More About US:
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Meet The Founder

Meet Mrs. Sonal Maheshwari, the inspiring founder of Salad Tub—a brand born out of resilience and a vision for healthier living.



During the challenging days of the COVID-19 pandemic, Sonal recognized a pressing need for fresh, wholesome meals amidst a world grappling with uncertainty. Determined to make a difference, she combined her passion for wellness with her entrepreneurial spirit to create Salad Tub. What started as a small initiative to deliver health and hope during tough times has now grown into a trusted name in nutritious, delicious meals. Under Sonal's leadership, Salad Tub continues to champion quality, sustainability, and a commitment to making healthy eating a way of life. Her journey is a testament to how challenges can spark meaningful change.

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Choose Salad Tub

Non-mayo Sauces and Dips

Our sauces are yummy and at the same time, not mayonnaise based - say no to unhealthy cholesterol.



Balanced Nutrition

We don't just dump veggies - we ensure your food is a balance of fiber, proteins, fats, and vitamins & minerals.

Special Non-Toxic Cookware

We do not use non-stick, or aluminium cookware to make any of our food products.



Hydroponically Grown Veggies

Our veggies are grown with only the best nutrition to plants - so that those nutrients are transferred to you.

Farm Fresh Produce

We source new produce from our hydroponics farmers everyday.



Over 50 Different Salads to Choose From

When you're a subscriber, no two meals are the same - we keep building new salad recipes so that your taste-buds never get tired

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Subscribe To



Veg Salads

Fresh, flavorful, and wholesome vegetarian salads, delivered right to your doorstep.

Non-Veg Salads

Savor the goodness of protein packed non-vegetarian salads (chicken/egg), delivered fresh to you.



Soups

Warm, hearty, and bursting with flavor—our soups bring healthy deliciousness to your table.

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Subscription Plans

Trial Packs



Veg Salad

₹ 220



Soup

₹ 150



Chicken Salad

₹ 310



Egg Salad

₹ 270

- Orders for Trial Packs will be accepted as follows-
For Lunch - Till 6 am same day
Form Dinner - Till 2 Pm same day
- You will get your trial/soup as per the pre-decided menu
- If you request delivery to a third party, we cannot be held responsible for any loss or damage during delivery.
- All payments are made in advance and are non-refundable
- Sundays are cheat days for all of us, so we don't deliver on Sundays



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Subscription Plans

Weekly Packs



Veg Salad

₹ 1140



Soup

₹ 840



Chicken Salad

₹ 1620



Egg Salad

₹ 1500

Bi-Weekly Packs



Veg Salad

₹ 2160



Soup

₹ 1560



Chicken Salad

₹ 3120



Egg Salad

₹ 2880



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Subscription Plans

Monthly Packs



Veg Salad

₹ 4080



Soup

₹ 2880



Chicken Salad

₹ 6000



Egg Salad

₹ 5520

- Subscribers can carry forward their salads/soups as follows:

Weekly Plan: 1 carry forward

Bi-Weekly Plan: 2 carry forwards

Monthly Plan: 4 carry forwards

- Cash on delivery is not available, all payments are made in advance.
- If you request delivery to a third party, we cannot be held responsible for any loss or damage during delivery.
- **Delivery Timings: Monday - Saturday**

Morning deliveries: 10:00 AM to 1:30 PM

Evening deliveries: 5:30 PM to 8:30 PM



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Combo Packs

All Veg: Soups and Salads



Unable to decide between soups and salads, then this is a perfect combo for you. Get everyday a soup and a salad pack.

Veg Salads + Veg Soups

Available in

- Weekly (6 deliveries)
- Bi-Weekly (12 Deliveries)
- Monthly (24 Deliveries)

All Veg: Soups or Salads



Need either soup or salad? We've got you covered!

Veg Salads OR Veg Soups

Available in

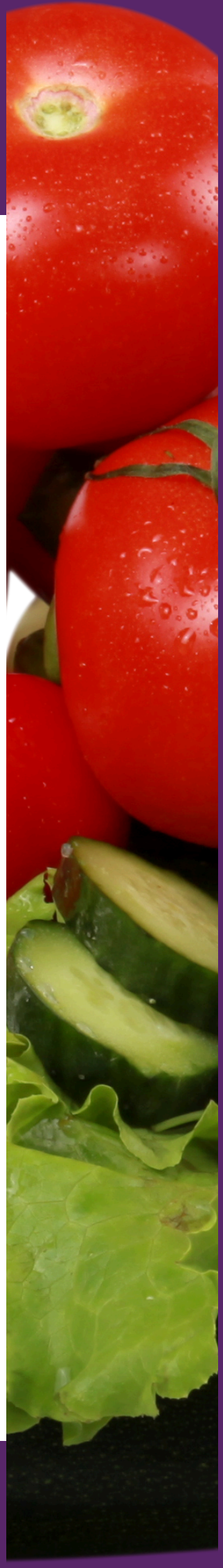
- Weekly (6 deliveries)
- Bi-Weekly (12 Deliveries)
- Monthly (24 Deliveries)

Have any special request? Reach out to us on:

+91 9011934346

Know More About US:

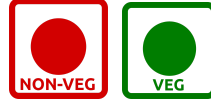
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Combo Packs

Choose Your Salad



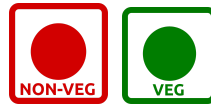
Choose from Veg Salad, Egg Salad and Chicken Salad

Veg/Chicken/Egg Salad

Available in

- Weekly (6 deliveries)
- Bi-Weekly (12 Deliveries)
- Monthly (24 Deliveries)

Choose Your Meal



Choose from Veg Salad, Soup, Egg Salad and Chicken Salad

Veg/Chicken/Egg Salad / Soup

Available in

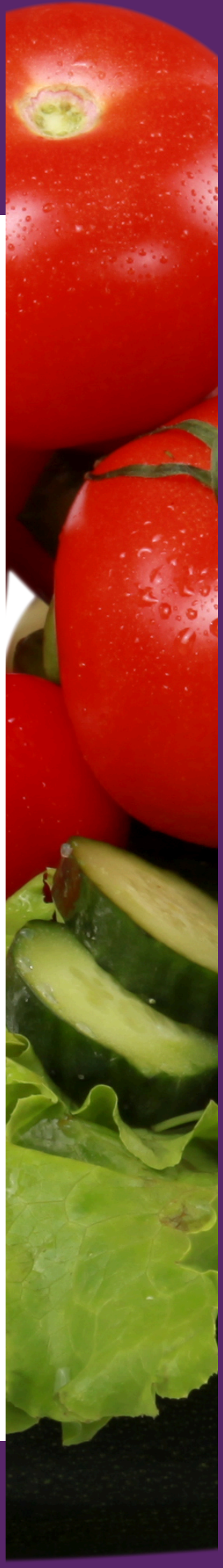
- Weekly (6 deliveries)
- Bi-Weekly (12 Deliveries)
- Monthly (24 Deliveries)

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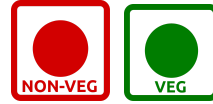
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Combo Packs

Chicken Salad & Soup

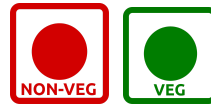


Chicken Salad+ Soup

Available in

- Weekly (6 deliveries)
- Bi-Weekly (12 Deliveries)
- Monthly (24 Deliveries)

Egg Salad & Soup



Egg Salad+ Soup

Available in

- Weekly (6 deliveries)
- Bi-Weekly (12 Deliveries)
- Monthly (24 Deliveries)

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What They Say?

I recently take one week subscription of salad tub. They provide salads all over Pune. I must say I am totally overbrowned by the variety of salads I received every day.

-Neha Verma Madan

It is really amazing and tempting salad options she made us available. Being busy with many activities/work pressure/lifestyle we are ignoring our diet/health, in that scenario we we should handover something to someone who are doing excellent in it so I decided to try her salad tub. It is simply superb Thanks dear for making this facility available.

-CA Sarika Khadloya

Best thing about Salad Tub is they deliver Salad on time on daily basis without fail, daily you will get completely different variant of Salad, best quality of salad... in last 30 days not found any salad repeated, taste is too good initially it took 2-3 days to me adjust my diet but after that I am habitual to salad. Never eat these variety of salad. Great job team!!!!

-Ajay Toshniwal

The Salad Tub Promise



**Eco-friendly
Packaging**



**No Added
Preservatives**



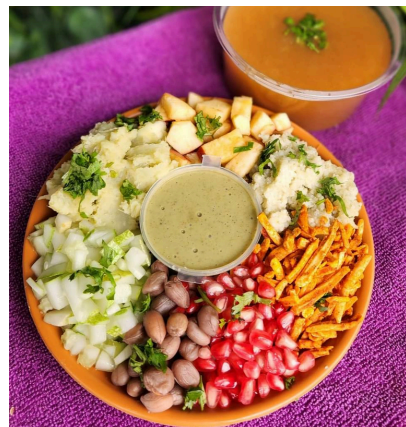
**On-Time
Delivery**

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Glimpses of Freshness



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**Join the Salad Tub family
today and savor the taste
of health and convenience!**



Visit Us!

**Write your concerns to us:
support@saladtub.co.in**

**For any queries, call us:
+91 9011934346**

Our Authorized Dealers

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Nagar and Warje**

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**Hadapsar and
Kharadi**

**Prithviraj Bagade
+91 84849 59012**

THANK YOU!